

LINDA'S HANDPICKED

Must Read Book List



Explore my curated list for more than great reads – discover a path to personal growth. Let the characters, stories, and lessons inspire your journey to self-improvement. Dive in and evolve through the power of literature!



The Next Shift: A Guide to Identify Your Core Skills and Successfully Transition From Sports

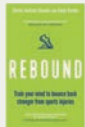
by Judi Gilbert

**Book review & intro written by me!*



Bury Me in My Bathing Suit: Essays on Life, Grief and Unex- pected Joy Bursts

by Sami Greenfield



Rebound: Train Your Mind to Bounce Back Strong From Sports Injuries

by Carrie Jackson Cheadle and
Cindy Kuzma



Change Your Questions Change Your Life

by Marilee G. Adams



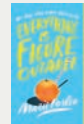
The Essential Enneagram

by David Daniels and Virginia
Price



Good for a Girl: A Woman Run- ning in a Man's World

by Lauren Fleshman



Everything is Figureoutable

by Marie Forleo



Rising Strong. How the Ability to Reset Transforms the Way We Live, Love, Parent and Lead

by Brené Brown



Stop Saying You're Fine. The No-Bs Guide to Getting What You Want

by Mel Robbins



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