

LINDA'S HANDPICKED

Favorite Podcasts List



Dive into my handpicked selection for more than great listens – uncover a route to personal growth. Let the hosts, stories, and insights fuel your quest for self-improvement. Immerse yourself and transform through the power of podcasts!



Heavy Hearted Conversation Featuring Nay Lassiter Podcast

@heavyhconvos



You Run Like a Girl Podcast

@yourunlikeagirlpodcast



The Mel Robbins Podcast

@melrobbins



Unlocking Us with Brené Brown Podcast

@brenebrown



1 Girl Revolution Podcast

@1girlrevo



Laughter Permitted with Julie Foudy

@juliefoudy



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